

Care profile protected living with very intensive care, due to specific conditions, with an emphasis on support (VV 07)

(Source: CIZ.nl)

In the Netherlands, people with a care profile of 5 or 7 can live in a nursing home (The Hogeweyk is an official nursing home). The care profiles were drawn up by an independent institute (CIZ) commissioned by the Dutch government. These care profiles describe the stage of dementia and the client's care and support needs.

Care profile 7

Due to a chronic illness, these clients require specific support in combination with very intensive care and nursing in a protected living environment. With regard to their social self-reliance, the clients need help in all instances and often need full-time care. In particular, there is a strong need to provide a daily routine. They struggle to or cannot participate independently in social life, communicate, make independent decisions, initiate complex tasks or take control of their own lives. These clients need a fixed structure and help to organise the day. Clients need continuous support, supervision or guidance and direction with regard to their psychosocial and cognitive functions, because they are, among other things, limited in terms of orientation, memory, thinking, concentration and motivation. Extra support may also be required to teach family members how to deal with the changes in the individual. Clients need a lot of help with different aspects of everyday life, particularly with small grooming tasks, personal care for teeth, hair, nails, skin, and there may also be a need for full-time assistance with bathing. Clients often need help with indoor mobility. With regard to mobility outside the home, full-time care is necessary (supervision is always required). Nursing is necessary to keep an eye on the chronic disease and take appropriate action if necessary. These clients often have behavioural problems, which means that help, supervision or direction is frequently or continuously required in those situations. The nature of the behavioural problems varies, but reactive behaviour related to interaction and verbally aggressive behaviour can occur in many situations. Psychiatric problems occur in some of the clients, both passive and active in nature. The support usually involves assistance in decline. Clients have a structural need for care many times a day. The level of disability of these clients changes both slowly and quickly. The dominant basis for this client profile is usually a psychogeriatric illness or disorder.